

FREE Community Paper - January 2020 - Issue 004

MyPortchester

Your Community, Your Paper

Portchester, Paulsgrove & Port Solent



MyP Goes Green - At the start of this new decade, we should all be more aware of the effects of global warming, our depleting natural resources and the systematic pollution of the seas and oceans. We will see more changes in how we live in the next 10 years than we have in the past 50. If we don't then it is our children and grandchildren who are likely to suffer. MyPortchester Ltd is keen to

work with other local community organisations in finding ways to reduce our impact on the environment. This month we are running a trial with the **Portchester Community Centre** in an effort to reduce the amount of printing we both do by combining our activities in one publication. We hope this will be a sustainable model for the future and that other organisations may also come on-board with this initiative.





Portchester Community Centre, "Where everybody is welcome" www.portchestercommunitycentre.co.uk



The History of New Year's Resolutions

Christmas is over, we've probably had too much to eat, too much to drink, and spent silly amounts of money having a few weeks of binging. Then comes New Years Eve, more excess, with the 'promise' (to yourself in secret often so no-one can judge you if you give in to temptation) that your New Years resolutions will be this, that and the other. But where does this tradition, certainly in this country actually come from? Turns out the custom of making New Year's resolutions has been around for thousands of years, but it hasn't always looked the way it does today. This fascinating article by Sarah Pruitt explains why.

The ancient Babylonians are said to have been the first people to make New Year's resolutions, some 4,000 years ago. They were also the first to hold recorded celebrations in honour of the new year—though for them the year began not in January but in mid-March when the crops were planted. During a massive 12-day religious festival known as Akitu, the Babylonians crowned a new king or reaffirmed their loyalty to the reigning king. They also made promises to the gods to pay their debts and return any objects they had borrowed. These promises could be considered the forerunners of our New Year's resolutions. If the Babylonians kept to their word, their (pagan) gods would bestow favour on them for the coming year. If not, they would fall out of the gods' favour—a place no one wanted to be.

A similar practice occurred in ancient Rome after the reform-minded emperor Julius Caesar tinkered with the calendar and established January 1 as the beginning of the new year circa 46 B.C. Named for Janus, the two-faced god whose spirit inhabited doorways and arches, January had special significance for the Romans. Believing that Janus symbolically looked back into the previous year and ahead into the future, the Romans offered sacrifices to the deity and made promises of good conduct for the coming year.

For early Christians, the first day of the new year became the traditional occasion for thinking about one's past mistakes and resolving to do and be better in the future. In 1740, the English clergyman John Wesley, founder of Methodism, created the Covenant Renewal Service, most commonly held on New Year's Eve or New Year's Day. Also known as watch night services, they included readings from Scriptures and hymn singing and served as a spiritual alternative to the raucous celebrations normally held to celebrate the coming of the new year. Now popular within evangelical Protestant churches, especially African-American denominations and congregations, watch night services held on New Year's Eve are often spent praying and making resolutions for the coming year.

Despite the tradition's religious roots, New Year's resolutions today are a mostly secular practice. Instead of making promises to the gods, most people make resolutions only to themselves and focus purely on self-improvement (which may explain why such resolutions seem so hard to follow through on). According to recent research, while as many as 45% of Americans say they usually make New Year's resolutions, only 8% are successful in achieving their goals. But that dismal record probably won't stop people from making resolutions anytime soon—after all, we've had about 4,000 years of practice.

By Sarah Pruitt - www.history.com

Port Solent, Did you know...

Portsmouth football club could have been now playing in what was at the time much needed new stadium to replace the aging Fratton Park. There were many proposals to redevelop the Paulsgrove lake area back in the 1970s, of which this was just one.

Portsmouth City Council owned this stretch of foreshore and was won over by an imaginative project of development proposed by architect Hedley Greentree of Arlington Securities. Their idea was for a marina that carefully catered for not just boats but housing, apartments and recreational facilities. Once agreed with the council, work began on the development in 1986. At the time this development was to put Portsmouth on the map as it was the largest of its type in Europe, and was opened officially in 1988 by the Princess Royal.

The first phase of the housing to the north of the marina was constructed by Higgs & Hill Homes and they rapidly completed about 100 homes. Unfortunately as those of you old enough to remember will know, the recession of the early 1990s was slow the rollout of the development but by 2000 the housing areas were complete, and the apartments adjacent to the lock were under construction. The Boardwalk with its multitude of shops and restaurants was also expanded to include a multiplex cinema and a leisure centre.

Port Solent, a lifestyle inspired by a dream to create a unique waterside haven continues to be a vibrant marina complex and certainly lives up to the concept as envisaged in 1988, of a stylish and relaxing Mediterranean port with all the facilities of a major town.

OLD-FASHIONED BUTTERSCOTCH CAKE WITH PENUCHE FROSTING - A 1920s CAKE FOR 2020

INGREDIENTS: BUTTERSCOTCH CAKE

1-1/2 cups packed brown sugar

1/2 cup shortening (Trex, Flora White or Cookeen)

2 eggs

I teaspoon vanilla extract

2-1/4 cups all-purpose flour

2-1/2 teaspoons baking powder

I teaspoon salt

1 cup skimmed milk

1 cup chopped pecans

Ingredients: Penuche frosting

1/2 cup butter, cubed

2 cups packed brown sugar

1/2 cup skimmed milk

1/2 teaspoon salt

I teaspoon vanilla extract

3 cups icing sugar



DIRECTIONS

In a large bowl, cream brown sugar and shortening until light and fluffy. Add eggs, one at a time, beating well after each addition. Beat in vanilla. Combine the flour, baking powder and salt; add to the creamed mixture alternately with milk, beating well after each addition. Stir in pecans.

Transfer to a greased 13x9-in. baking pan. Bake at 350° for 25-30 minutes or until a knife inserted in the centre comes out clean. Cool completely on a wire rack.

For frosting, in a small saucepan, melt butter. Stir in the brown sugar, milk and salt. Bring to a boil; cook and stir for 3 minutes. Remove from heat and stir in vanilla. Cool to room temperature, about 20 minutes. Gradually beat in icing sugar. Frost cake.

Christmas Crossword Answers and an apology

Upon putting together the answers for the Christmas Crosswords (December Edition) I noticed a mistake in its production. The crossword grids have spaces (blank squares) between answers that contain more than one word. This may have caused some confusion for which I am extremely sorry. I have identified what happened, and it was down to a grammar checking tool, which unknown to me had automatically put spaces in the answer column when I was creating the puzzles.

Fortunately, some people have realized this and still managed to send in the correct answers and we were able to make the draw for the Meal for Two at the Wicor Mill. I have double-checked this month's Crossword and it is all correct. Sorry for any confusion.

Adult Answers

1-father christmas 2-Romans 3-coca cola 4-Humbug 5-teddy ruxpin 6-mulled wine 7-Baubles 8-Mistletoe 9-Macys
10-queen charlotte 11-hansel and Gretel 12-Krampus 13-Rudolph 14-johnny marks 15-Rocking 16-Finland 17-home alone 18-the
Grinch 19-noel coward 20-tiny tim 21-silver sixpence 22-jingle bells

Kids Answers

1-buddy 2-North 3-Jack skellington 4-Crackers 5-advent calendar 6-Christmas tree 7-Olaf 8-Rudolph 9-polar express 10-Jumper 11-let it go 12-the simpsons 13-Snowman 14-sleigh



What' On Watson?

Wilder Fareham, Winter Birds – A Guided Walk



Join staff from Hampshire & IOW Wildlife Trust for a guided walk to discover and explore the wildlife on your doorstep! Meeting point: Cams Water Car Park, 65 Shearwater Avenue,

Portchester, Fareham, PO16 8YQ.

Date: Saturday 25 January 2020.

Please Mention

that you Saw

this in

MyPortchester

Time: 10am -12noon

New Puppy Course coming in January 2020!

New Course Starts Thu Jan 09 2020 at 05:30 pm AMCBT Portchester, Castle View Academy, Allaway Avenue, PO6 4QP

Learn to Dance Leroc Modern Jive with

IVEASY

.com

Every MONDAY Evening at: Portchester Community Centre, Westlands Grove, Portchester PO16 9AD

Leroc Modern Jive is one of the UK's fastest growing and most popular partner dances. Easy to learn and taught in a fun & social atmosphere to upbeat dance music from the last 40 years. No Partner needed for classes! Come along with a friend or on your own. Learn to dance, keep fit, meet new friends, and have a great night out.

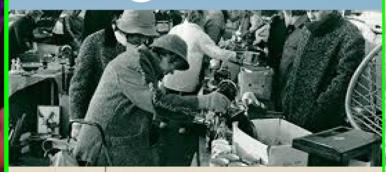
> **Doors Open Beginners Lesson** Freestyle dancing Intermediates Lesson **Beginner Coaching** Freestyle dancing £8 per person for the evening

19:35 19:45 - 20:30 20:30 - 21:00 21:00 - 21:40 21:00 - 21:35 21:40 - 23:00

web: www.Jiveasy.com email: enquiries@jiveasy.com Phone: 07590 848938

Organising a Local Event! Make sure the Locals Know About It! Advertise Here in "What's On...Watson"

Table Top



Portchester Community Centre will be holding 6 table top sales throughout 2020, each with a different theme

We are looking for traders, private, business or just those who have decided to purge anything that doesn't spark joy!

February will be themed Prom & Bridal

For more information please call 023 92 321787 or email info@portchestercommunitycentre.co.uk

MURDER At The Theatre

by Emma Bevan



8–18 JAN 2020 @ 7.30PM & 12 @ 2.30PM. NO PERF 13 JAN



TWO **NEW** PLAYS

27 JAN-1 FEB 2020 @ 7.30PM

Please Mention that you Saw

MvPortchester



12-22 FEB 2020 @ 7.30PM & 16 @ 2.30PM. NO PERF 17 FEB

24-29 FEB 2020 @ 7.30PM

73 ST. MARGARETS LANE, TITCHFIELD PO14 4BG.

www.titchfieldfestivaltheatre.com • Tel 03336663366





PORTCHESTER COMMUNITY CENTRE

WINTER * QUIZ

FRIDAY 17TH JANUARY 2020

19.15 - 19.30 start £6 per person maximum of 6 per team Includes supper



To book a team please call 023 92 321787 or email info@portchestercommunitycentre.co.uk

reception on 023 92 321787.



SATURDAY 18TH APRIL 2020

PORTCHESTER COMMUNITY
CENTRE
WESTLANDS GROVE - PORTCHESTER - PO16 9AD

Tickets £10 per person - Over 18's ONLY







Afternoon Session 12:00-17:00 Evening Session 18:00-23:00

A fine selection of Cask Ales, Cider, Bottled Ales & Prosec Live Music, Raffle, Blackout Draw & Hot Food

Tickets available by calling 023 9232 1787 or online



Saturday 1st August

10am - 4pm Free Entry

Craft Fayre....Dog Show....Entertainment....Food Stands....Cream Teas

Portchester Community Centre Westlands Grov Portchester PO16 9AD 023 9232 1787

NEW TABLE TOP SALES STARTING IN FEBRUARY

Portchester Community Centre will be adding 6 Table Top Sales to the events program for 2020. These sales will be held on Saturdays in the Main Hall and each date will be individually themed, starting with Prom & Bridal on Saturday 15th February. All levels of traders welcome with pitches starting from £20.

For more information on dates and themes or to apply for a pitch, please visit www.portchestercommunitycentre.co.uk or call PORTCHESTER COMMUNITY

Table Top Sales



6 Indoor sales throughout 2020 each with a different theme

50p Entry Refreshments Available

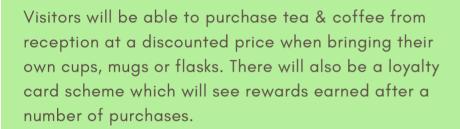
Every Thursday 09.30 - £3 per family

The Cupless Coffee Revolution

OPENING IN JANUARY 2020 AT PORTCHESTER COMMUNITY CENTRE

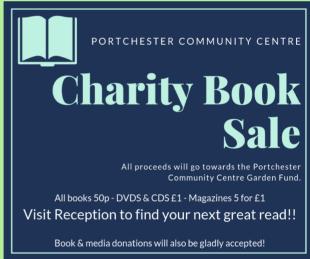
Climate change and single use plastics have been a hot topic of conversation throughout 2019 with the Independent newspaper reporting that the UK throws away 2.5 billion disposable coffee cups every year.

As a result, Portchester Community Centre have decided to open a Cupless Coffee Outlet starting in January 2020. The Centre has been implementing a number of environmental changes throughout the last year including the use of biodegradable food packaging at their events and separate recycling bins for the rooms.



With prices starting at just 50p! Come and grab a hot drink and warm up on our comfy reception chairs. For more information please visit www.portchestercommunitycentre.co.uk/cuplesscoffee













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Hannah Donoghue DipPFS

Financial Adviser

t. 023 8023 4222 f. 033 0088 4655

12 - 14 Carlton Place Southampton Hampshire SO15 2EA e. hannah.donoghue@hjssolutions.co.uk

→ FINANCIAL PLANNING



Primmer Olds B:AS Chartered Surveyors

Rebecca Newton MRICS Director - Head of Professional Services rnewton@primmeroldsbas.co.uk 023 8022 2292

61 Cromwell Road | Southampton | Hampshire SO15 2JE

Judy Manning

Commercial Accounts Manager

T: 02380 810459 M: 07974 980004 judy.manning @petergreen.co.uk









Top Flight Private Hire

Steve Dodgson www.topflightprivatehire.co.uk

Tel 07850 532 235

Steve@topflightprivatehire.co.uk



079 0940 7552





Les Rosenthal 07889 028734

info@rosenthalarchitectural.co.uk www.rosenthalarchitectural.co.uk



Jenny Colvin

Partner



Warner Goodman LLP Colman House, 2-4 Landport Terrace, Portsmouth PO1 2RG

T: 023 9275 3575 DD: 023 9277 6558 M: 07467 955 371 E: jennycolvin@warnergoodman.co.uk DX: 2210 Portsmouth www.warnergoodman.co.uk



KIM MCGINLEY CeMAP Director & Founder

01329 277 599 07824 490 993 kim@vibefinance.co.uk www.vibefinance.co.uk

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If you would like to make an appointment please call us on the above number.

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touching hearts, changing lives

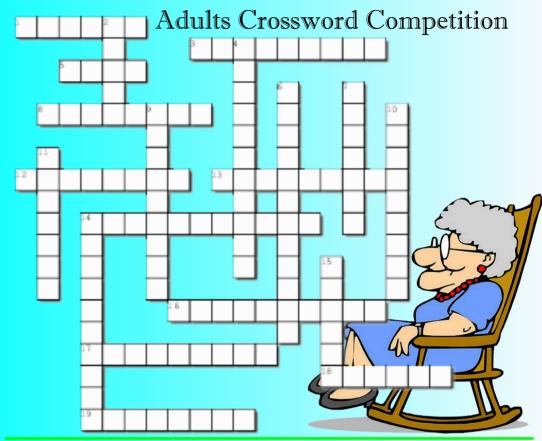
Win a Meal for Two at

THE WICOR MILL

To be entered into the draw to Win a Meal for Two, from the Classic Menu redeemable Mon-Thurs, simply answer the questions to the Adult Crossword correctly. Fill in your answers in the box below and post or hand into MyPortchester Crossword Competition, 48a West Street, Portchester. PO16 9UN. Closing Date 31st January 2020.

Your Name	
Address	
Q1	
Q2	
Q3	
Q4	
Q5	
Q6	
Q7	
Q8	
Q9	
Q10	
Q11	
Q12	
Q13	
Q14	
Q15	
Q16	
Q17	
Q18	
Q19	

THE WICOR MILL .-



- 1. A religious building [6]
- 3. Not happy [9]
- 5. Portchester's famous cat who has his own Facebook page [4]
- 8. Large stones [8]
- 12. Soldiers spent most of their times in these in WWI [8]
- 13. A county in southern England [9]
- 14. Lots of us make and break these every year? [11]
- **16.** A widely grown in Winchester super-food, which has a train line named after it [10]
- 17. A tool widely used to communicate over distances long and short
- 18. Happens every 12 months [6]

DOWN

- 19. Talking rubbish [8]
- 2. You can 'bet' with this sea creature [5]
- 4. Half man, half beast, but also known as the Archer. Look to the sky for your answer [11]

ACROSS

- 6. American celebrate this on the 4th July [12]
- 7. A stand-in, but also not very intelligent [7]
- 9. We stuff these with letters [9]
- 10. When something makes you want to pull your hair out [9]
- 11. A gathering of apple trees [7]
- 14. A complete turn of the wheel [10]
- 15. To be fashionable [6]

Brain Teasers for Kids!

- Q1) You are a cyclist in a cross-country race. Just before the crossing finish line you overtake the person in second place! What place did you finish in?
- Q2) In a year there are 12 months. 7 months have 31 days. How many months have 28 days?
- Q3) A plane crashes on the border of the U.S. and Canada. Where do they bury the survivors?
- Q4) I do not have any special powers, but I can predict the score of any football game before it begins. How can I do this?
- Q5) You are on the bank of a river. You have to get a fox, a hen, and corn to the other side of the river. If left alone, the fox will eat the hen, and the hen will eat the corn if left alone. The boat is only big enough to take you and one other three to the other side. How do you get all 3 across intact?

UZZLE

				6				
9		6	2			4	3	5
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	7	8	4		5		6	
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	9		5			6		
	6	3	9	7			2	

В Κ S

Ε

Squirt is a baby Sea Turtle, and Turtles are just one of the many sea creatures who are being seriously harmed when they accidentally eat or get tangled in the plastic we throw away. Help Squirt and his friends and try and reduce the amount of plastic you use and always recycle.

С

Which Film am I

from?

Colour me in

and bring

me to life.

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Ε Ν G Ε Ρ Ζ Н R Κ O X W Υ Μ Χ G Х

BOARHUNT COSHAM **FARLINGTON HORSEA PORT**

PORTSMOUTH SOUTHWICK WICOR

BOMBKETCH DRAYTON **FUNTLEY** NORTHWOOD **PORTCHESTER PURBROOK SQUARE** WIDLEY

CAMS **FAREHAM** HIGHBURY **PAULSGROVE** PORTSDOWN SOLENT WALLINGTON WYMERING

D

NEW YEAR, NEW DECADE THE ROARING 20'S HAVE RETURNED

Celebrity Status turns 100

It could be said that the modern classification of celebrity that we still eagerly follow today started in the Roaring Twenties so this popular and sort after status is now 100 years old. The 'Bright Young Things' who

John Dillenger

loosened up (literally)
off, skirts got shorter,
Coco Chanel, trousers
the very first time.
allowed to vote, pearls

Guns!

the little black dress was also invented by Coco Chanel.

1920s Men's dress has for years been popularised by Gangster Films, with the styles of Al Capone and John Dillinger setting the standard, but more

recently the more tweed orientated fashions have been brought back to memory with shows such as Peaky Blinders. As comfy as a T-Shirt and jeans are, I do think these days popular fashion just doesn't have the same style and class as the Roaring Twenties, and I hope that the start of this new 20s decade will see a revival of smarter times......but maybe not the Tommy

Louise Brooks

of the 1960s, so in that respect not much has changed.

The 'Bright Young Things' of the 1920s were the younger sons and daughters of the aristocracy and middle-class people seeking to better their situation in life, the paparazzi pursued them and were fascinated with their outrageous acts and

started it all in the 1920s were attention-seeking, flamboyant, promiscuous,

description could easily be said of the reality TV stars of today or the youth

irresponsible, outrageous, decadent, rebellious, and glamorous; and this

as the corsets came
and thanks to a certain
for women were in for
Women over 30 were
were all the rage, and

behaviour. After the first World War, women's style



Al Capone



Janet Gaynor

WISHING FILL OUR WONDERFUL READERS FI HAPPY NEW YEAR